



@USNPEOPLE WEEKLY WIRE

1.) Here's Who's Affected by New Citizenship Policy for Children of Troops Serving Overseas / 28 AUG 19

Military.com, Patricia Kime

<https://www.military.com/daily-news/2019/08/28/heres-whos-affected-new-citizenship-policy-children-troops-serving-overseas.html>

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2.) The Gratitude Board: 1 Small ACT for Cultivating Active Gratitude / 26 AUG 19

NavyNavStress

<https://navstress.wordpress.com/2019/08/26/the-gratitude-board-1-small-act-for-cultivating-active-gratitude/>

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5.) Supplemental Articles bi-weekly roll-up: (URLs on Last Page)

Every other week, we roll up the latest supplemental articles from around the Fleet. Below are the latest:

- Defense language school pays tribute to Shannon Kent, Navy linguist killed in Syria
- Los Angeles Fleet Week kicks off with ship arrivals
- Department of Navy, SUNY Team up Against Sexual Assault/Sexual Harassment
- Here's How to Adopt a Military Working Dog

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or find it online at www.navy.mil/cnp

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But it will make adoptions and paperwork more complicated for some families of U.S. service members and as well as citizens who haven't been in the U.S. for a while.

USCIS issued a policy alert Wednesday that changes and spells out what it considers residency in provisions related to citizenship.

The policy states that "Effective October 29, 2019, children residing abroad with their U.S. citizen parents who are U.S. government employees or members of the U.S. armed forces stationed abroad are not considered to be residing in the United States for acquisition of citizenship. Similarly, leave taken in the United States while stationed abroad is not considered residing in the United States even if the person is staying in property he or she owns."

The text of, and early reporting on, the new regulations ignited a ferocious backlash on the internet by those who interpreted them as a revocation of birthright citizenship for those born to U.S. government employee or troops serving abroad.

The policy goes on to say that "U.S. citizen parents who are residing outside the United States with children who are not [emphasis Military.com's] U.S. citizens should apply for U.S. citizenship on behalf of their children under [policy] must complete the process before the child's 18th birthday."

Here's who the policy affects:

- Children who live with their U.S. parents abroad but who did not acquire citizenship at birth, including infants and children adopted overseas.
- Children born of non-U.S. citizens who are adopted by U.S. citizens.
- Those whose parents became U.S. citizens after the child's birth.
- U.S. citizens who do not meet the residence or physical presence rules needed to transmit birthright citizenship, such as a person born overseas with birthright citizenship who never lived in the United States.

Children who did not acquire citizenship at birth are not considered to be residing in the U.S. just because their parents are citizens, the policy states. Under the new policy, these parents will have to apply for U.S. citizenship for their child.

According to the policy, a U.S. citizen born in the United States "generally meets the residence requirement as long as he or she can present evidence to demonstrate that his or her mother was not merely transiting through or visiting the United States at the time of his or her birth."

By law, most babies born to U.S. citizens overseas become U.S. citizens at birth. The new policy "[does] not affect anyone who is born a U.S. citizen, period," USCIS Acting Director Ken Cuccinelli said in a statement to Military.com.

"This does not impact birthright citizenship. This policy update does not deny citizenship to the children of U.S. government employees or members of the military born abroad," Cuccinelli said.

The policy does not affect children born of two U.S. citizen parents who have maintained a residence in the U.S. before the child's birth, nor does it affect those who have received a Consular Report of Birth Abroad or Certificate of Citizenship acquired at birth; those born to a foreign national and a U.S. citizen parent who has physically been in the U.S. or one of its territorial possessions for at least five years; or unmarried parents if the U.S. citizen parent meets certain requirements.

USCIS did not provide any reasons for the policy update, other than to "define 'residence' as it relates to citizenship for children of certain U.S. government employees and members of the U.S. armed forces who are employed or stationed outside the United States, to conform with the definition of residence in the Immigration and Nationality Act."

"This policy aligns USCIS process with the Department of State's procedure, that's it," Cuccinelli said.

It remains unclear how many children will be affected by the new rules, which go into effect Oct. 29, but it will have an impact on the families of U.S. troops who are not U.S. citizens and are not married to a U.S. citizen, as well as any children adopted by service members stationed overseas.

From 1999 to 2010, roughly 80,000 non-citizens were members of the armed services. About 5,000 legal permanent residents join the armed services each year.

2.) The Gratitude Board: 1 Small ACT for Cultivating Active Gratitude / 26 AUG 19

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It can be easy to get caught up in the day-to-day to-do lists, calendars and routines, or to be lasered in on achieving goals, setting new ones and looking forward to the future. While these are all important aspects of maintaining psychological health, it's also beneficial to push pause and be present in the moment. Taking time to appreciate the people in your life, the things you have and what you have accomplished – practicing gratitude – is an important step in maintaining psychological, emotional and physical wellbeing.

What Is Gratitude and Why Is It Important?

According to Harvard Health, gratitude is "a thankful appreciation for what an individual receives, whether tangible or intangible." When people actively practice gratitude, they are deliberately and consciously acknowledging the goodness in their lives, recognizing the source of that goodness and connecting positively to something outside themselves as individuals. Gratitude has a wide array of benefits, including greater optimism and happiness, increased positive emotions and alertness, improved physical and behavioral health, increased resilience and healthier relationships. Gratitude also serves as a protective factor against toxic, negative emotions such as envy, resentment and regret. It's important to note that practicing gratitude does not mean that our lives are perfect or that we don't face challenges, adversity and barriers. Rather, it means that when people take stock and assess their lives holistically, they can embrace goodness more intentionally and enjoy the far-reaching impacts of an optimistic outlook. So how can we cultivate more gratitude? One simple way is to create a gratitude board.

Make Your Own Appreciation Station

A gratitude board is a great way to reinforce positive emotions because it is a visible, physical reminder that can be seen whenever you come and go from your spaces. To get started, grab some kind of board – like a marker, cork or chalk board – sticky notes, scrap paper or notecards; some writing instruments; and something to hold your items to the board. Take some time to reflect on the things, people, experiences and/or events you are grateful for, and write them down. Be as creative as you want, and feel free to invite friends, family members, shipmates or anyone you share common space with to join in. If it's a group board, see what others are grateful for; their posts might spark more ideas about gratitude and serve as personal inspiration.

One Week Check-In

After a week of constructing your gratitude board, check in to see how you (and your group if you are using that approach) have accumulated positive reflections, ideas, relationships, accomplishments and generosity. Use your one-week inputs as inspiration for maintaining and operating your board throughout the coming months and year.

Gratitude as Self-Care

Investing in our psychological, emotional and physical wellbeing doesn't have to be time-consuming or costly, and we don't have to wait until Thanksgiving or the holidays to express what we're thankful for. Devoting a moment each day to reflect on what we're grateful for is 1 Small ACT of self-care we can do to take care of our body and mind so that we can be there for others and make positive contributions to our personal and professional relationships. Remember, Every Sailor, Every Day starts with you

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The app allows Sailors and their families to access financial literacy education anywhere, anytime via their mobile devices. The latest update includes new links to YouTube videos, retirement calculators and adds Continuation Pay Rates under the Blended Retirement System for calendar year 2020.

"Studies show that a majority of Americans live paycheck to paycheck and unfortunately that applies to some Sailors," said John Hunt, lead program analyst for 21st Century Sailor Office (OPNAV N17). "The MyNavy Financial Literacy app provides a solid foundation of knowledge to help Sailors navigate their way to a more secure financial future."

The app covers a wide-range of topics to include most of life's major milestone events. For Sailors who find themselves needing financial education, the app highlights proven techniques to reduce and pay off debt such as the Power Payment Plan.

The app does not replace the advice of a financial counselor, but does provide important financial information and resources, such as guidance on creating a spending plan so Sailors live within their means and create a plan for their financial success.

“We want Sailors and their families to understand their financial future is within their control and laying the foundation of fiscal responsibility starts with a monthly budget that involves the concept of paying yourself first,” said Hunt. “Paying yourself first simply means each month you put money aside into a savings account or long-term fund like the Thrift Savings Plan (TSP). With TSP, the government will match the first five percent of basic pay so it’s important that Sailors attempt to max out their TSP.”

The Sea Warrior Program (PMW 240) team updated the app. The Sea Warrior Program manages a complex portfolio of information technology systems that provide full life cycle management to support MyNavy HR business operations initiatives, including developing mobile applications.

“It’s rewarding to develop mobile apps like MyNavy Financial Literacy because we are able to empower Sailors and their families,” said David Driegert, assistant program manager for the Sea Warrior Program. “The app provides excellent information for anyone needing guidance on major milestone events in their lives like getting married, having a child, or buying a house.”

Get more information on the Navy’s Sea Warrior Program (PMW 240) at <https://www.facebook.com/NAVYSeaWarrior/>

For more news from PEO for Enterprise Information Systems Command, visit www.navy.mil/local/peoeis/.

For more news from Chief of Naval Personnel, follow us on Facebook at <https://www.facebook.com/usnpeople/>, Twitter at <https://twitter.com/usnpeople> or visit <https://www.navy.mil/cnp/index.asp>.

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“The magnitude of this accomplishment is incredible,” said Secretary of the Navy Richard V. Spencer. “The Navy ERP tech refresh is our largest system cloud migration to date and will enhance the performance of our force.

"I am proud of the team efforts to accomplish this on an accelerated schedule, cutting the projected timeline nearly in half," Spencer said. "The team managed this through innovative approaches to problem solving and close collaboration with integration teams, network engineers and industry partners."

This tech refresh culminated roughly three years of planning and preparation, involving tens of thousands of hours of effort. The migration is a critical step in modernizing financial management capabilities.

Thomas Harker, Assistant Secretary of the Navy for Financial Management and Comptroller (ASN [FM&C]), stressed its significance to the simplification and modernization of the department’s financial reporting process.

“The Navy ERP tech refresh is a major milestone toward consolidating all Department of the Navy financial systems into a single general ledger, which is essential to the department’s ability to produce accurate financial information, obtain a clean audit opinion and improve our data analytic capability.”

With the cutover complete, Navy ERP, deployed to about 72,000 users across six Navy commands, is now entirely cloud-based, operating significantly faster in memory, data storage and processing. Prior to the migration, Navy ERP operated on a Systems, Applications, and Products (SAP) server-based Oracle platform. During the tech refresh, Navy ERP upgraded to the SAP HANA (high-performance analytic appliance) cloud-based platform.

The Navy ERP program is managed by Program Executive Office for Enterprise Information Systems’ (PEO EIS) Navy Enterprise Business Solutions program management office.

Program Executive Officer for Enterprise Information Systems Ruth Youngs Lew added, “In addition to supporting PEO EIS’ goals of delivering an enhanced and positive customer experience and enhancing data-driving decision-making, the shift of Navy ERP to the cloud supports the goal to accelerate enterprise cloud adoption. We are already seeing significant benefits in performance such as report runtimes.”

Naval Supply Systems Command (NAVSUP) Business Systems Center (BSC) develops and sustains the Navy ERP in support of the program office. “This major transition of our ERP system will not only improve system performance, it provides the Fleet and NAVSUP Enterprise enhanced resilience and survivability that further strengthens Navy readiness and supply chain visibility,” noted NAVSUP Commander Rear Adm. Michelle Skubic. NAVSUP BSC supports ERP business operations and functional processes within the NAVSUP Enterprise that drive innovative, reliable and cost-effective solutions to meet the Navy’s current and future business requirements.

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<https://www.stripes.com/news/us/defense-language-school-pays-tribute-to-shannon-kent-navy-linguist-killed-in-syria-1.595910>
- Los Angeles Fleet Week kicks off with ship arrivals
<https://www.cpf.navy.mil/news.aspx/130506>
- Department of Navy, SUNY Team up Against Sexual Assault/Sexual Harassment
<https://navylive.dodlive.mil/2019/08/23/departement-of-navy-suny-team-up-against-sexual-assault-sexual-harassment/>
- Here's How to Adopt a Military Working Dog
<https://www.military.com/2019/08/27/heres-how-adopt-military-working-dog.html>

For more information affecting Sailors and their families follow:

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